



*RFC IS A NONPROFIT ORGANIZATION THAT PROVIDES FREE INTERDISCIPLINARY HEALTH AND WELLNESS CARE TO THE UNDERSERVED POPULATION OF THE INLAND EMPIRE*



## **CONTACT US**

**3504 Mission Inn Ave, Riverside,  
CA 92501-3307**

Open Every Other Wednesday  
5:30-7:00PM

[riversidefreeclinic.com](http://riversidefreeclinic.com)



# **RIVERSIDE FREE CLINIC**

## **COVID-19 Resources**

HEALTH

# PANDEMIC UNEMPLOYMENT ASSISTANCE

## WHO APPLIES?

This program applies to people who have lost their jobs or businesses or have received a reduced amount of employment benefits due to Covid-19 in some form

## BENEFITS

Financial Assistance for up to 46 weeks depending on date applies and date your employment services were affected. Range of \$167-\$450 per week.

## HOW TO APPLY

- Can apply through UI online:  
[https://www.edd.ca.gov/Unemployment/UI\\_Online.htm](https://www.edd.ca.gov/Unemployment/UI_Online.htm)
- Can call 1-800-300-5616
- Can mail application to your local America's Job Center of California:  
<https://www.careeronestop.org/LocalHelp/AmericanJobCenters/find-american-job-centers.aspx>

# E.R.A.P

## WHO APPLIES?

This program is for those who have experienced reduced income due to unemployment or reduced work hours in response to the COVID-19 pandemic. The incentive is a 1 time credit of \$250 for electrical utility assistance.

## ELIGIBILITY

- Unemployment Letter from previous employer, MUST be on a Company Letterhead
- Furlough Letter from Current Employer, MUST be on Company Letterhead
- Unemployment Claim Letter from Employment Development Department

## REQUIRED DOCUMENTS

- 1 of the above Letters
- A Valid Government Issued Identification
- Last 4 Digits of SSN

## CONTACT INFORMATION

Phone: (951)-782-0330  
Email: ERAP@riversideca.gov

# CA COVID-19 SUPPLEMENTAL PAID SICK LEAVE

## WHO APPLIES?

This process provides up to 80 hours of supplemental paid sick leave for workers who work for entities of 500+ employees, and healthcare employees/first responders with less than 500 employees

## ELIGIBILITY

- 1) Individuals subject to a governmental quarantine or isolation related to COVID-19
- 2) Advised by a healthcare provider to self-isolate due to COVID-19 related concerns
- 3) Are prohibited from working due to COVID-19 related health concerns

## APPLICATION PROCESS

- 1) File a wage claim on the EDD website
- 2) Submit copies of required documentation to the Labor Commissioner's office
- 3) Attend your Settlement Conference

## INFORMATION

Please visit  
<https://www.labor.ca.gov/coronavirus2019/>  
for detailed information

# FOOD BANKS

## PANDEMIC-EBT

Financial assistance to families whose children received free food from schools before COVID-19. Families with children who already receive CalFresh, Medi-Cal or Foster Care benefits do not need to apply.

More info at

<https://www.cdss.ca.gov/home/pandemic-ebt>

## FEEDING AMERICA IE

Largest food bank providing free resources across the Inland Empire. Locations of affiliated food pantries can be found here:

<https://www.feedingamericaie.org/find-pantry>

## FREE FOOD

Top free food banks in Riverside County:  
<https://www.freefood.org/c/ca-riverside>

Top free food banks in San Bernardino County:

[https://www.freefood.org/c/ca-san\\_bernardino](https://www.freefood.org/c/ca-san_bernardino)

# EMPLOYMENT OPPORTUNITIES

## JOBS IN THE AREA

Job opportunities are very limited in these circumstances, but Riverside created this resource with work opportunities

<https://rc-hr.com/Find-A-Job/Job-Searching/County-Job-Openings>

## ASSISTANCE PROGRAMS

- Apprenticeship Programs
- CalJOBS
- CalWorks
- Licensing and Credentials
- Riverside County Economic Development Agency
- Riverside County Human Resources
- California Employment Development Department

## RESOURCES FOR ALL

Here useful information for employers and workers

<https://rivcoworkforce.com/COVID-19Resources.aspx>

# MENTAL HEALTH

COVID-19 has affected many individual's mental health. It's important to stay safe and social distance, but its also important to make sure your mental well being is healthy too. Here are some helpful resources we have listed.

## INLAND EMPIRE LOCATIONS

All locations are open 24/7. Call or walk-in. No appointments needed.

- Riverside (for adults ages 18 and over)
  - 9890 County Farm Rd.Bldg. 2  
Riverside, CA 92503. (951) 509-2499
- Perris (Youth and Adults ages 13 and older)
  - 85 Ramona ExpresswaySuites 1-3Perris, CA 92571 (951) 349-4195
- Palm Springs (Youth and Adults ages 13 and older)
  - 2500 N Palm Canyon Dr.Suite A4 Palm Springs, CA 92262 (442) 268-7000

## HOTLINES

- National Suicide Prevention Lifeline  
Call: 1-800-273-TALK (8255); En Español 1-888-628-9454
- Crisis Text LineText "HELLO" to 741741
- Veterans Crisis LineCall 1-800-273-TALK (8255) and press 1 or text to 838255
- Disaster Distress Helpline Call 1-800-985-5990 or text "TalkWithUs" to 66746
- CARES Line Phone: (800) 706-7500